

## District Nurse Contacts



### Eastwood Cluster 1

Carolside Medical Centre	<b>0141 644 4818</b>
Clarkston Medical Centre (Dr Castle)	<b>0141 644 1532</b>
Clarkston Medical Centre (Dr Tait)	<b>0141 644 5741</b>
Maclean Practices (Eaglesham and Muirend) and Sheddens Medical Centres	<b>0141 300 1218</b>

### Eastwood Cluster 2

Broomburn, Elmwood and Giffnock Medical Centres	<b>0141 577 4048</b>
Williamwood Medical Centre	<b>0141 620 3069</b>
Mearns Medical Centre	<b>0141 577 8633</b>

### Levern Valley Cluster 3

All Barrhead and Neilston practices	<b>0141 800 7156</b>
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# District Nursing

## What do we do?

For any general enquiries about CHCP services please call the Single Point Of Access (SPOA) number on **0141 577 3777**

[www.eastrenfrewshire.gov.uk/spoa](http://www.eastrenfrewshire.gov.uk/spoa)

This document can be explained to you in other languages and can be provided in alternative formats such as large print and Braille. For further information please contact Customer First on **0141 577 3001**

or

email: [customerservices@eastrenfrewshire.gov.uk](mailto:customerservices@eastrenfrewshire.gov.uk)



## The Role of the District Nurse

The aim of the District Nurse is to provide an accessible high quality nursing service to all age groups in the community by working in partnership with service users, care providers and other agencies.

The District Nurse is often the first point of contact when patients require access to a wide range of services.

## Where are we based?

District Nurses are linked to GP Practices as part of Primary Health Care Teams. There are three geographical cluster areas in East Renfrewshire based around GP practices. Details of these are on the back page.

The District Nurse works closely with social work and care providers within each of the Clusters, including:

- Physiotherapist,
- Occupational Therapist,
- Dieticians,
- Advanced Nurse Practitioners and
- Rehabilitation Teams.

## What do we do?

We aim to deliver safe, effective and person centred care which achieves the best clinical outcomes for you.

We undertake care management, clinical interventions and health education/promotion to promote and maintain independent living,

Tasks include:

- Wound management
- Bowel and bladder care
- Palliative and end of life care
- Nurse led clinic: leg ulcer assessment and management plan
- Prescribe, where appropriate, and administer medications and treatment
- Involvement in the rehabilitation of patients following surgery, disability, accident or illness
- Nursing and management of patients with long term conditions